



Let's start with lighting

Incandescent light globes use the same technology today as they did when first invented over 100 years ago. Imagine using a 125 year old oven for dinner tonight; you'd probably prefer something more modern. Here are some bright ideas to get you started.

- Replace standard incandescent globes with energy efficient ones – same light, less energy.
- Use low wattage lamps or spotlights for soft lighting areas instead of lighting the whole room.
- Turn off the lights when leaving a room.
- Spend time in a north-east facing room during the day for the best use of natural light.



Good ideas on heating and cooling

Look for signs that you may be using more energy than you really need. Leaving lights on in unused rooms, higher than usual energy bills and wearing shorts in the middle of winter are probably real giveaways!

Here's what you can do to start saving energy:

Heating:

- Set your heater to a comfortable 18°C.
- Draw heavy curtains and close all doors to unused rooms.
- Seal gaps and cracks around your doors and windows.
- Turn heating off overnight and when you're not home.
- Invest in a programmable heater that turns on and off automatically.
- Plant deciduous trees along the sunniest side of your home to provide shade in summer and let the winter sun in.

Cooling:

- Set your cooler to a comfortable 24-25°C.
- Shade windows with external blinds and awnings.
- Place the external part of your cooling system on the shadiest side of your home, so it doesn't overwork.
- If you're using air conditioning on hot days close all blinds, curtains, windows and doors in the morning and open them when it's cooler.
- Use fans instead of air conditioners.



ENERGY EFFICIENCY TIPS

Save energy and help protect our environment



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Homes that have been designed, built and positioned appropriately can be kept at a comfortable temperature all year round through good insulation, ventilation and shade.



Food for thought in the kitchen

Your fridge and freezer work in the kitchen 24 hours a day – without a break! However, you can make their job a little easier:

Fridges and freezers

- Keep thermostats at ideal temperatures:

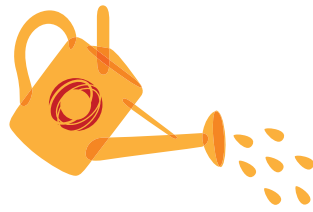
Fridge: between 2°C and 6°C.

Freezer: between -11°C and -23°C.

- Defrost ice before it builds up to more than 6mm, as thick ice acts as an insulator and makes your freezer work even harder.
- Check that door seals are working and replace if necessary.
- Try to limit how often you open the doors.

Cooking:

- Try your microwave, electric fry pan, pressure or slow cooker instead of the oven, as they're much more energy efficient.
- Fan forced ovens maximise an oven's efficiency by allowing you to cook using multiple levels at the same time.
- Keep lids on saucepans to bring food to the boil faster.



And lastly, pools and spas

Make a dip in your energy consumption with these tips:

- Keep heated pools below 27°C and spas below 37°C.
- Cover pools and spas with a pool blanket when not in use to help keep them warm and clean, avoiding unnecessary filter and cleaning costs.
- Consider installing solar heating.
- Avoid unnecessary running costs by setting your filter pump to run on a timer:

Summer: around 8 hours a day.

Winter: around 2 hours a day.

- Check the viability of connecting your pool filter to an off-peak tariff.

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ORIGINENERGY.COM.AU/EFFICIENCY OR CALL 13 24 63.
YOU WILL ALSO FIND USEFUL INFORMATION AT
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When we can't be there to help, these stickers can

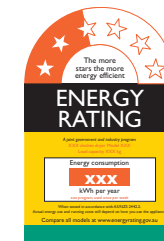
Electricity and gas energy labels

Using the Government accredited 6 star rating scale, these labels make it easy to shop and compare the energy efficiency of domestic appliances. The more stars, the more efficient the appliance and, therefore, the lower its running costs. So if you see a quality 6 star rated item grab it and make a break for the check out, because it's an energy winner!

For further information about these energy labels, visit energyrating.gov.au/con3.html

Water efficiency labels

If you're about to buy a product which uses water, look out for this water rating label. This efficiency rating can help you reduce your household's impact on greenhouse gas emissions. The rating couldn't be simpler – the more stars a product has, the more water efficient it is. The label will also tell you the water consumption or flow figures for the product. For further information about water labels, visit waterrating.gov.au



Energy Rating



Gas Energy Rating



Water Rating

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